

HEALTH, SOCIAL CARE AND WELL BEING



Afan Lido

Achieving our vision for improving health, social care and well-being for all people in Neath Port Talbot provides a great challenge for our Health, Social Care and Well-being Strategic Partnership. The Partnership is making a concerted effort to tackle the causes of ill health, to address the environmental, social and economic factors that affect health within our communities, and to ensure that people have access to high quality health and social care services.

We know that people across our communities have shorter and less healthy lives than people elsewhere in Wales. There are high levels of long-term illness and disability, heart disease, cancers and respiratory diseases. Our population is ageing and older people locally have an excess of ill-health and physical impairments. There is significant deprivation and poverty amongst children and young people in many areas of the county borough. We also know that local people currently have the worst exercise record in Wales and the second highest level of obesity. There is much that can be done to change this situation and this is the great challenge for our Partnership and for the people of the county borough.

The Partnership has developed a Health, Social Care and Well-being Strategy, which sets out short and long term priorities for improving the health, social care and well-being of the population. This joint strategy demonstrates the Partnership's commitment to supporting people in taking more responsibility for their own health and in making sure that people in need of care have access to health and social care services of consistently high quality.

KEY PARTNERS

The Partnership includes Neath Port Talbot County Borough Council, Neath Port Talbot Local Health Board (Neath Port Talbot LHB), Bro Morgannwg and Swansea NHS Trusts and Neath Port Talbot Council for Voluntary Service. We are aware that achieving our aims requires action beyond the boundaries of traditional health and social care services.

We recognise that many organisations contribute positively to improving health and well-being and to tackling inequalities in our communities, particularly those concerned with housing, leisure, education, transport, the economy and the environment. All our partners, across the public, private and voluntary sectors, have important roles to fulfil in achieving our vision of a healthy future for Neath Port Talbot.

OUR VISION

Our vision is that by 2015, we will have:

- Reduced inequalities in health, increased life expectancy, and improved the health, social care and well-being of people in all our communities.
- Developed first class primary health care services within local communities and improved access to high quality hospital services.
- Enhanced the ability of individuals and families to take a more active role to adopt healthy lifestyles, ensuring the availability of good information and advice for people of all ages, supported by a wide range of health promoting initiatives.
- Developed partnership working between health, housing and social services in assessing the needs of children and adults and in arranging and providing multidisciplinary primary and community care services to meet their needs.
- Enhanced the contribution of citizens, local communities, and the voluntary and independent sectors, to informing our priorities and service developments. Empowered and motivated our workforce to make a positive difference to people's lives and communities.
- Developed high quality health, housing and social care services

that provide our most vulnerable groups with services that are respectful and free of stigma, that are responsive to individual needs and that safeguard and protect children and vulnerable adults from harm.

Social care and housing services will enable vulnerable and disadvantaged people to live independently, with support where needed, within their own homes and communities.



OUR AIMS

This is what we wish to do together:

1. Improve housing conditions across all tenures, reduce the incidence of homelessness and reduce fuel poverty.
2. Improve diet, including food access, labelling and safety, reduce obesity and increase the number of people engaged in regular physical activity.
3. Improve the sexual health of the population, addressing illness and infections (including HIV) and reducing unintended pregnancies.
4. Reduce the prevalence and impact of coronary heart disease and cancer.
5. Reduce the number of people affected by preventable injury.
6. Increase the number of children and adults immunised against common diseases and increase compliance with screening services for cervical and breast cancers.
7. Enable older and disabled people to maintain their independence and contribute as active members of our communities.
8. Recognise the needs of carers and give them support and services that maintain or improve their quality of life.
9. Ensure all people with long term limiting illness have access to services that help them stay well.
10. Improve early identification of disability and sensory impairment and ensure provision of aids and adaptations to improve quality of life.
11. Increase the level of support to help people to stay free of, and minimise the effects of, mental health problems.
12. Reduce the harmful impact, overt and hidden, of substance misuse, which includes alcohol, tobacco, legal and illegal drugs, on children, adults, families and communities.
13. Ensure that all children, young people and vulnerable adults are offered services that protect them from abuse or neglect and other behaviours that are harmful to their health and well-being.
14. Provide access to appropriate, high quality primary, community and hospital services, which meet or exceed the standards being set across Wales and reach waiting time targets.
15. Provide individuals with the care and support they need at the right time and in the right place and support individuals with long term limiting illness or chronic disease in accessing appropriate care and support.

OUR TARGETS

By 2009

1. Increase the proportion of council properties achieving the Welsh Housing Quality Standard.
2. Increase the proportion of unfit private sector dwellings made fit or demolished by the County Borough Council.
3. Reduce the rate of homelessness presentations.
4. Reduce the proportion of the population who are fuel poor.
5. Reduce the prevalence of obesity.
6. Ensure all communities have access to fresh fruit and vegetables.
7. Increase the proportion of adults who exercise sufficiently to satisfy the British Medical Association recommendation of five 30 minute periods of moderate intensity physical activity per week.
8. Reduce the percentage of the adult population who undertake no healthy physical activity.
9. Reduce the teenage conception rate.
10. Increase the number of people whose risk of coronary heart disease has been measured.
11. Increase the number of people diagnosed with coronary heart disease who have been offered programmes of care.
12. Increase the proportion of the population aged 16+ who are non-smokers.
13. Increase the number of smokers accessing smoking cessation services.
14. All schools to have Healthy School status by 2010.
15. Increase the proportion of children who have received an MMR vaccination by the age of two.
16. Increase the proportion of women who attend for breast and cervical screening.
17. Increase the proportion of people aged under 65 helped to live at home.
18. Increase the proportion of people aged over 65 who are helped to live at home.
19. All people identified with chronic disease to be offered information and support.
20. Target services to support children and families in greatest need of expertise to reduce the number of children becoming looked after by the County Borough Council.
21. Ensure that all clients can access an appropriate member of the primary care team within 24hrs of requesting an appointment.
22. Reduce waiting times for key specialities to a maximum of 12 months in line with Welsh Assembly Government targets.
23. Reduce to zero the number of people who experience a delay in the transfer of their care from a hospital bed.
24. Limit the number of emergency admissions to hospital to the level recorded in 2003/04.

RELATED STRATEGIES, PLANS AND DOCUMENTS

- A Health, Social Care and Well-being Needs Assessment of the People of Neath Port Talbot
- Neath Port Talbot Health, Social Care and Well-being Strategy 2005-2008
- A plan to support the delivery of integrated health and social care for the people of Neath Port Talbot
- Neath Port Talbot Local Housing Strategy 2003-2008 and sub strategies
- Neath Port Talbot Sport and Active Recreation Strategy
- Children's Services Plan 2002-2007
- Integrated Healthcare Strategy for Primary Care Premises
- Children and Young People's Framework Plans 2003-2008
- Health Impact Assessment of Local Authority Services
- Neath Port Talbot Strategy for Older People 2004-2007