Benefits of CHILD CARE

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Are you a parent with young children?

Organising a long list of daily tasks considering childcare, but it seems such a daunting task? Help is at HAND

Childcare can help children develop their social skills, make friends and have fun. Take a look below at some of the benefits for your child if they attend a child care setting.

Making Friendships- Emotional and Social Development

High-quality childcare settings encourage children to develop trusting relationships with their friends, staff, and parents.

In order to learn these skills, the child needs to feel safe with the adults who support them. Childcare staff are trained to develop the child's emotional skills, interaction and promote an inquisitive mind.

To help develop children's social skills, they will learn through role modelling how to manage their feelings and interaction with others.

Youngsters get so much from spending time with other children, nothing makes up for the excitement young friendships provide.

A structured day having fun

Childcare settings support children in understanding the need for structure and routine. It is good for young children to have structure within their day, helping them make friends and play well with others.

Highly trained staff will plan so children hardly notice routine and structure within the childcare setting, however, it provides positive boundaries so each child has fun and enjoys time with others, promoting socialisation and learning.

Potty and toileting

Childcare settings will work in partnership with parents in promoting potty and toilet training, giving support when they may face a challenging time. Children will often role model their peers and receive support from their friends.

The setting can work with parents, agreeing when toilet training is best started. They will consider the needs of the child, avoiding any other change for example, moving, new siblings, new school, or a new child care setting. Staff welcome and encourage parents to share concerns they have about their child's development or problems with toilet training. A problem shared is a problem halved.

Learning through Play

Childcare settings offer a wide range of games and activities to encourage learning through play to develop an early love of words and numbers.

Childcare staff will plan activities such as woodland walks to find natural resources starting with a letter or mark making their name in mud or sand to develop reading and writing skills.

Children learn best when they are having fun, for example, using wooden blocks to count, collecting rain to measure or matching colours using paint the activities are all designed to develop a child's understanding of numbers.

Childcare staff are trained to plan activities which are as much fun as possible and put the learning in ways a child enjoys and understands.

A curious mind

Staff working within a childcare setting take time to get to know each child and nurture their curiosity by promoting activities they enjoy.

Youngsters have an active imagination and often use make believe to learn through play. All types of play encourages a curious mind, from jumping in muddy puddles to putting Lego bricks together.

Getting ready for school

Many parents look to a childcare setting to work alongside them in helping prepare their children for the next steps whether it be nursery schools or schools. If parents are actively involved in their child's development and learning, the child's learning experience will be more enjoyable and beneficial.

Good quality childcare providers give children the tools they'll need to develop as individuals. Staff are highly trained and take an active role in giving each child the skills needed to develop and grow. Each child is put on their own path to success.

Cysylltwch â Ni

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Ydych chi'n rhiant â phlant ifanc?

Yn trefnu rhestr hir o dasgau dyddiol o ran gofal plant, ond yn gweld hynny'n dasg heriol? Mae help ar GAEL

Gall gofal plant helpu plant i ddatblygu eu sgiliau cymdeithasol, helpu iddynt wneud ffrindiau a chael hwyl. Edrychwch isod ar rai o'r manteision ar gyfer eich plentyn os ydynt yn mynychu lleoliad gofal plant.

Manteision GOFAL PLANT

Meithrin cyfeillgarwch - Datblygiad emosiynol a chymdeithasol

Mae lleoliadau gofal plant o safon uchel yn annog plant i feithrin perthnasoedd ymddiriedus â'u ffrindiau, eu staff a'u rheini.

Er mwyn dysgu'r sgiliau hyn, mae angen i blentyn deimlo'n ddiogel gyda'r oedolion sy'n ei gefnogi. Mae staff gofal plant wedi'u hyfforddi i ddatblygu sgiliau emosiynol a rhyngweithiad y plentyn a hyrwyddo meddwl holgar.

I helpu i ddatblygu sgiliau cymdeithasol plant, byddant yn dysgu sut i reoli eu teimladau a'u rhyngweithiad ag eraill drwy fodelau rôl.

Mae plant yn dysgu llawer wrth dreulio amser gyda phlant eraill, nid oes unrhyw beth tebyg i'r cyffro y mae perthnasoedd ifanc yn eu cynnig.

Diwrnod strwythuredig yn cael hwyl

Mae lleoliadau gofal plant yn cefnogi plant i ddeall yr angen am strwythur a threfn. Mae'n dda i blant ifanc gael strwythur o ran eu diwrnod, gan eu helpu i wneud ffrindiau a chwarae'n dda gydag eraill.

Bydd staff tra hyfforddedig yn trefnu a strwythuro drwy'r dydd, sy'n cefnogi ffiniau cadarnhaol fel bod pob plentyn yn cael hwyl ac yn mwynhau ei amser gydag eraill, gan hyrwyddo cymdeithasoli a dysgu.

Defnyddio'r poti a'r toiled

Bydd lleoliadau gofal plant yn gweithio mewn partneriaeth â rheini wrth hyrwyddo hyfforddiant i ddefnyddio poti a thoiled, gan roi cefnogaeth lle gallent fod yn wynebu amser heriol. Bydd plant yn aml yn ystyried eu cyfoedion fel modelau rôl a byddant yn derbyn cefnogaeth gan eu ffrindiau.

Gall y lleoliad weithio gyda'r rhieni, drwy gytuno pryd i ddechrau hyfforddiant toiled. Byddant yn ystyried anghenion y plentyn, yn osgoi unrhyw newidiadau eraill megis brawd neu chwaer newydd, ysgol newydd neu leoliad gofal plant newydd. Mae staff yn croesawu ac yn annog rhieni i rannu eu pryderon ynghylch datblygiad neu broblemau wrth hyfforddi plant i ddefnyddio toiled. Mae rhannu problem yn rhannu'r baich.

Dysgu drwy chwarae

Mae lleoliadau gofal plant yn cynnig ystod eang o gemau a gweithgareddau i annog dysgu drwy chwarae er mwyn datblygu cariad at eiriau a rhifau'n gynnar.

Bydd y staff gofal plant yn cynllunio gweithgareddau megis teithiau cerdded drwy'r goedwig er mwyn dod o hyd i adnoddau naturiol sy'n dechrau gyda llythyren, neu weithgaredd lle bydd y plant yn marcio eu henwau yn y mwd neu'r tywod er mwyn datblygu sgiliau darllen ac ysgrifennu.

Mae plant yn dysgu orau pan maent yn cael hwyl, er enghraifft, drwy ddefnyddio blociau pren i gyfrif, casglu dŵr glaw i fesur neu drwy baru lliwiau gan ddefnyddio paent. Mae pob gweithgaredd wedi'i ddylunio i ddatblygu dealltwriaeth plant o rifau.

Mae staff gofal plant wedi'u hyfforddi i gynllunio gweithgareddau sydd yn gymaint o hwyl â phosib a dysgu mewn ffyrdd y mae'r plant yn eu mwynhau ac yn eu deall.

Meddwl chwilfrydig

Mae'r staff sy'n gweithio mewn lleoliad gofal plant yn cymryd amser i ddod i adnabod pob plentyn a meithrin eu chwilfrydedd drwy hyrwyddo gweithgareddau y maent yn eu mwynhau.

Mae gan blant ifanc ddychymyg bywiog ac yn aml maent yn defnyddio'u dychymyg er mwyn dysgu drwy chwarae. Mae pob math o chwarae'n annog meddwl chwilfrydig, o neidio mewn pyllau mwdlyd i roi briciau Lego at ei gilydd.

Paratoi ar gyfer yr ysgol

Mae llawer o rieni'n chwilio am leoliad gofal plant sy'n gweithio ochr yn ochr â nhw wrth helpu i baratoi eu plant ar gyfer y camau nesaf, boed hynny'n ysgolion meithrin neu'n ysgolion. Os yw rhieni'n cymryd rhan yn natblygiad a dysgu eu plant, bydd profiad dysgu'r plant yn fwy pleserus a buddiol.

Mae darparwyr gofal plant o safon yn rhoi'r offer y bydd ei angen ar y plant er mwyn iddynt ddatblygu fel unigolion. Mae'r staff yn dra hyfforddedig ac maent yn cymryd rôl weithgar wrth ddysgu'r sgiliau y mae eu hangen ar y plant er mwyn iddynt ddatblygu a thyfu. Mae pob plentyn yn cael ei roi ar ei lwybr ei hun i lwyddiant