

Community Occupational Therapy Service

Information for patients and service users



Working together to deliver the best outcomes for you



Bwrdd Iechyd Prifysgol
Abertawe Bro Morgannwg
University Health Board



Information for patients and service users

The Community Occupational Therapy Service is part of the NPT Community Resource Team.

What is the Community Resource Team?

The Community Resource Team (CRT) is a joint service provided by the ABMU Health Board and Neath Port Talbot Council Social Services.

The CRT provides help to adults (over the age of 18) living in Neath Port Talbot who need support to stay independent, within their own homes.

However, the Community Occupational Therapy Service supports adults and children.

The CRT offers an improved service that ensures patients receive the right intervention, at the right time, from the right professional. It simplifies the process by coordinating both health and social care needs.

The CRT is made up of:-

- Acute Clinical Team
- Assistive Technology Service
- Community Occupational Therapy Service
- Reablement Team
- Sensory Support Team

What is the Community Occupational Therapy Service?

The Community Occupational Therapy Service is a team of Occupational Therapists (OTs), a Disablement Assessment Officer (DAO) and Occupational Therapy Assistants.

It aims to maintain, promote and restore independence for people of all ages, so that they are able to live more productive and enjoyable lives.

It might be the only service that you need or it might complement other services as part of a wider care package.

What are the benefits of Community Occupational Therapy?

The service aims to promote your health and wellbeing through everyday activities.

By using various techniques, adapting your environment and using specialist equipment, we can work with you to:

- improve your quality of life
- increase your independence and safety
- enable you to access other support services
- increase your choice and control

What does the service provide?

After your needs have been assessed, one or more of the following solutions could be offered:

- a range of aids to maximise your independence and safety
- minor adaptations to the home e.g grab rails and stair rails
- major adaptations e.g stairlifts, walk-in showers and ground floor extensions
- support and advice on moving to a more suitable property
- support with other housing related issues
- advice and equipment to maximise your safety and comfort when receiving care at home
- advice on specialist suppliers of equipment for people who may wish to purchase items privately
- information on useful local and national organisations.

What can you expect?

Once a decision has been made on what level of support you need, we will arrange for any equipment to be fitted and make recommendations to a number of organisations, including Care & Repair (for minor adaptations), the Council's Housing Renewal and Adaptation Service (for major adaptations in privately owned properties, NPT Homes or social housing providers).

Following delivery of equipment and/or completion of adaptations to your home, a member of the service will contact you to find out and record whether your needs have been appropriately met.

How much does it cost?

There is no charge for assessment, training and advice from the Community Occupational Therapy Service.

Equipment:

Equipment is provided free of charge on a loan only basis. If you find that the equipment is no longer needed contact us and we will arrange

for it to be collected. It will be serviced and loaned to other people who need it.

Adaptations to your home:

If you own your own home, you will be asked to complete a full financial assessment form by the Housing Renewal and Adaptation Service. This will determine if you are eligible for a grant. Other housing providers may adapt your home at no cost as long as they are agreeable to undertaking the work.

How can you access the service?

It is easy to access the CRT and its services including the Community Occupational Therapy Service.

There is one point of contact for people needing support from the service.

This is called the NPT Gateway and you can contact them on (01639) 686802. (Text Relay / Typetalk users please use 18001 first followed by 01639 686802) or email thegateway@npt.gov.uk.

The NPT Gateway is open 8.30am to 5pm Monday to Thursday and 8.30am to 4.30pm on Friday.

You can contact the NPT Gateway yourself or another person can contact them on your behalf.

How can you get this information in another format?

If you need this information in a different format (Braille, large print, audio, another language, CD, tape etc), please ring (01639) 686802 (Text Relay / Typetalk users please use 18001 first followed by 01639 686802) or e-mail thegateway@npt.gov.uk

More information

For more information about the Community Resource Team and NPT Gateway, visit www.npt.gov.uk/crt