

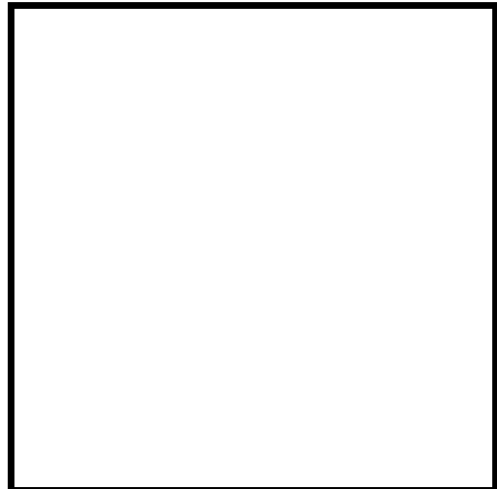
Make a rubbing of the Nuthatch here  
Gwnewch rwbriad o'r delor y cnau yma

I love eating insects that I find hidden in trees. I climb up and down trees and even hang upside down to find them. Nuts and seeds are also yummy! When I find a nut I wedge it into a gap in a tree and then hit it with my bill to break it open.

Rwy'n dwlu ar fwyta pryfed rwy'n dod ar eu traws yn cuddio mewn coed. Rwy'n dringo lan a lawr coed a hyd yn oed yn hongian ben i waered er mwyn dod o hyd iddynt. Mae cnau a hadau'n flasus iawn hefyd! Ar ôl dod o hyd i gneuen, byddaf yn ei gosod yn sownd mewn twll mewn coeden a'i tharo â'm pig i'w thorri ar agor.

**NUTHATCH**

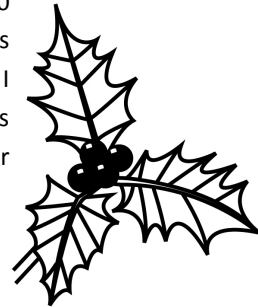
**TELOR Y CNAU**



Make a rubbing of the Holly here  
Gwnewch rwbriad o'r celyn yma

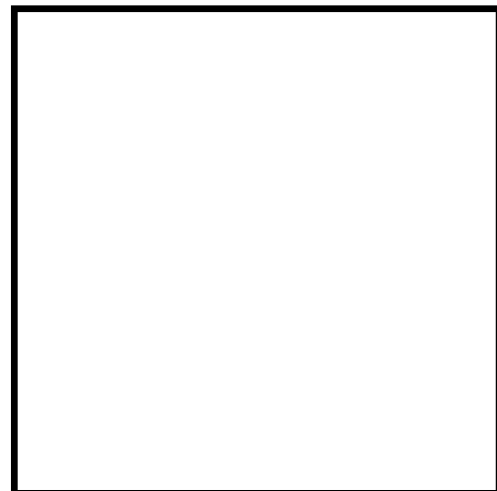
I am a plant and can live for up to 500 years. Some of my leaves have sharp spines so please be careful if you touch them. I have bright red berries that small animals and birds like to eat – they're not for humans though!

Planhigyn ydw i ac rwy'n gallu byw am hyd at 500 mlynedd. Mae gan rai o'm dail ddrain miniog, felly byddwch yn ofalus os ydych yn cyffwrdd â nhw. Mae gen i aeron coch llachar y mae anifeiliaid ac adar bach yn hoffi eu bwyta – ond dydyn nhw ddim yn addas i bobl!



**HOLLY**

**CELYN**



Make a rubbing of the Woodlouse here  
Gwnewch rwbriad o'r mochyn coed yma

**WOODLOUSE**

**MOCHYN COED**



We are very different from you – we breathe through lungs on our back legs! Damp, dark places like under rocks and logs are our favourite places to hide.

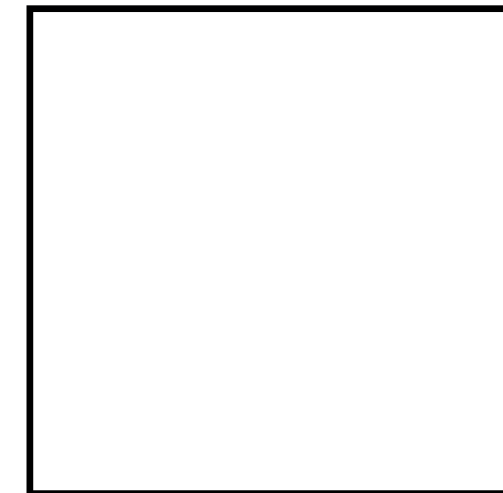
Rydym yn wahanol iawn i chi – rydym yn anadlu trwy ysgyfaint ar ein coesau ôl! Mannau llaith, tywyll fel o dan greigiau a boncyffion yw ein hoff leoedd i guddio.

Start out on the Rookie trail and head to Kanji Woods where you will find the ...

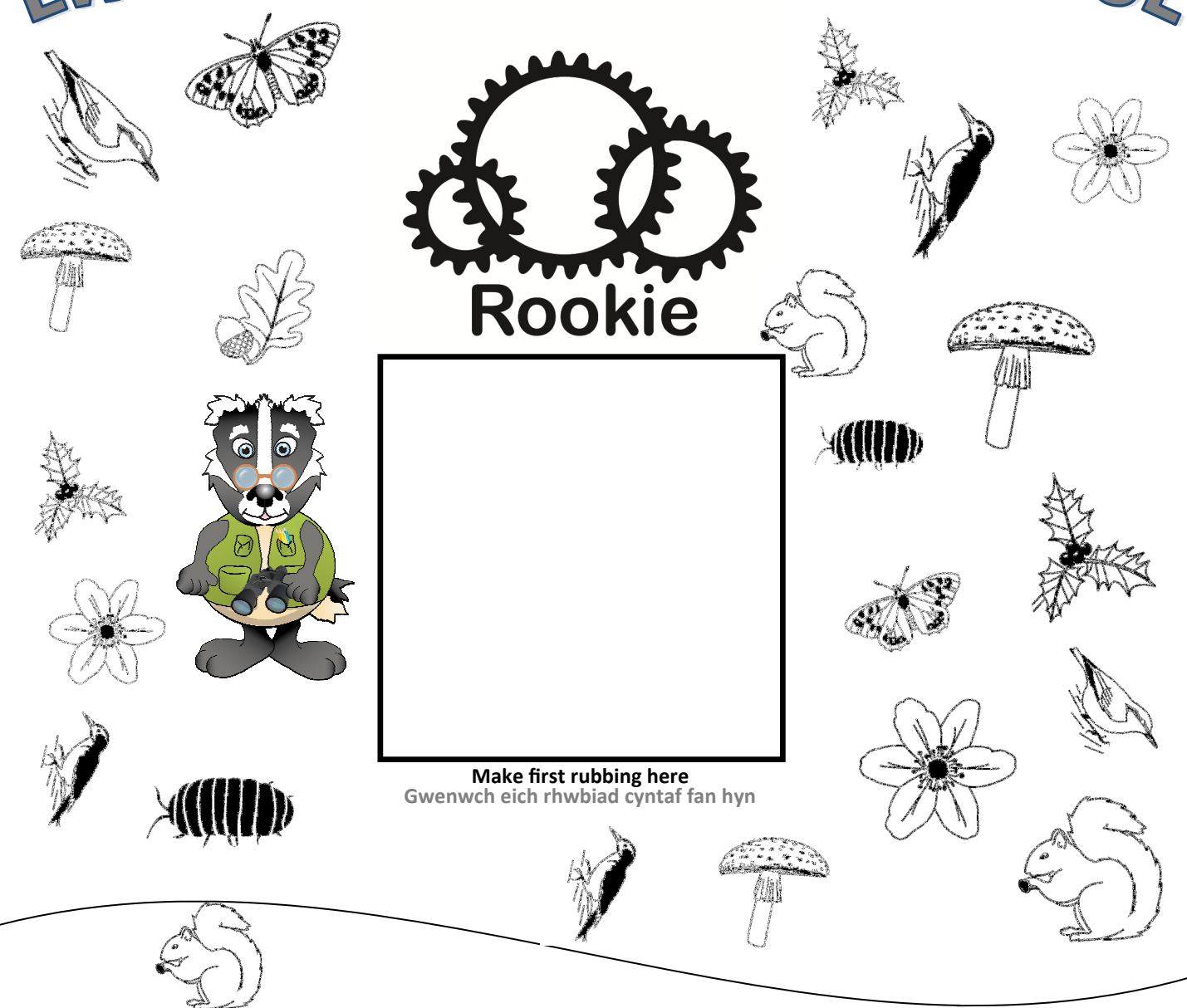
Rhowch gychwyn ar Lwybr y Dechreuwr ac anelwch am Goed Kanji lle byddwch yn dod o hyd i...

# ROOKIE EXPLORER TRAIL

## LWYBR Y FFORWYR DECHREUOL



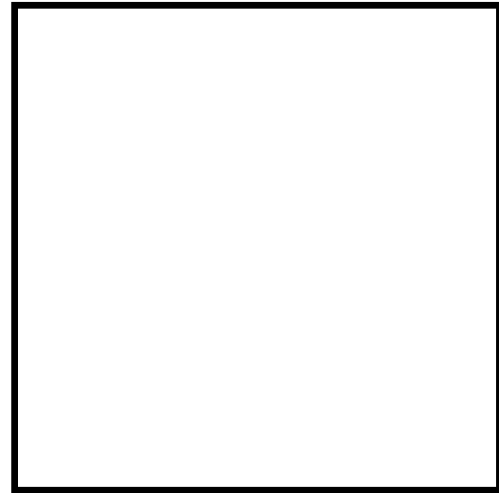
Make first rubbing here  
Gwenwch eich rhwbriad cyntaf fan hyn



Follow the trail to find the 10 special posts. Find the right picture in the leaflet, place the blank square over the metal plaque, hold the paper firmly in place, then using a coloured pencil or crayon, rub over the top. Lift the paper off and see the picture revealed.

Dilynwch y llwybr i ddod o hyd i'r 10 postyn arbennig. Chwiliwch am y llun cywir yn y daflen. Rhowch y sgwâr wag dros y plac metel, daliwch y papur yn dynn yn ei le ac yna, gan ddefnyddio pensil lliw neu greon, rhwbiwch drosto. Codwch y papur oddi arno i weld y llun oddi tano.





Make a rubbing of the Green Woodpecker here

Gwnewch rwbïad o'r gnoCELL werdd yma

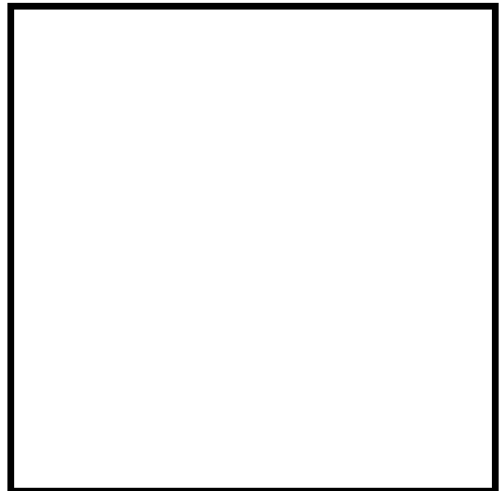
### GREEN WOODPECKER

#### CNOCELL WERDD



When I call it sounds like a laugh. My tongue is 10cm long and I use it to catch ants which are my favourite food.

Pan fyddaf yn galw, mae'n swnio fel chwerthin. Mae fy nhafod yn 10 cm o hyd ac rwy'n ei ddefnyddio i ddal morgrug, sef fy hoff fwyd.



Make a rubbing of the Fungi here

Gwnewch rwbïad o'r ffwng yma

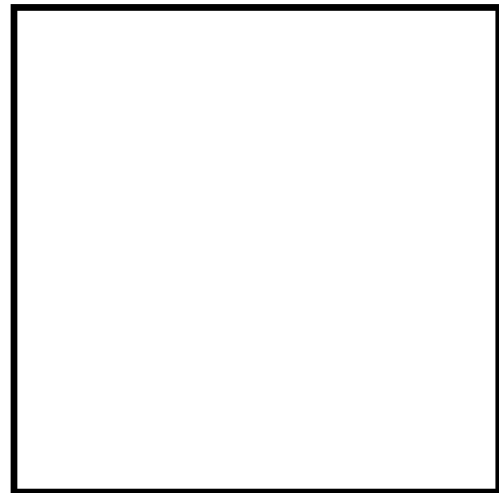
I come in all shapes and sizes, sometimes growing on the floor like mushrooms, sometimes growing out of the side of trees like a shelf.

Rwyf ar gael ym mhob lliw a llun, weithiau'n tyfu ar y llawr ar ffurf madarch, weithiau'n tyfu allan o ochr coed fel silff.



### FUNGI

#### FFYNGAU



Make a rubbing of the Squirrel here

Gwnewch rwbïad o'r wiwer lwyd yma

We love woodlands like these where we collect our favourite foods, especially acorns. We make our nests which are called drays out of twigs, leaves and dried grass. We are actually from America and were introduced here by humans.

### SQUIRREL

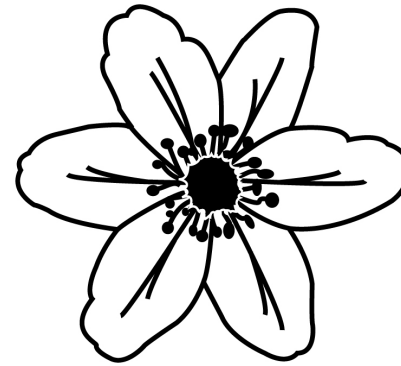
#### GWIWER LWYD

Rydym yn dwlu ar goetiroedd fel y rhain lle rydym yn casglu ein hoff fwyd, yn enwedig mes. Rydym yn gwneud ein nythod o frigau, dail a gwair sych. Rydym yn hanu o America mewn gwirionedd a chawsom ein cyflwyno yma gan bobl.



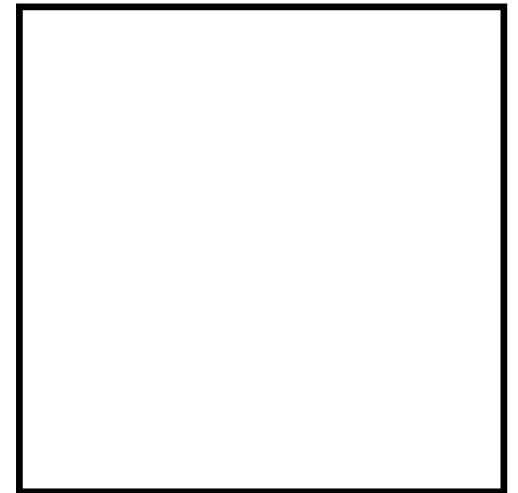
### WILDFLOWERS

#### BLODAU GWYLLT



We come in all different shapes, sizes and colours. We attract beautiful bees and butterflies which eat our nectar and collect our pollen.

Rydym ar gael ym mhob lliw a llun. Rydym yn denu gwenyn ac ieir bach yr haf byw prydferth sy'n bwyta ein neithdar ac yn casglu ein pail.

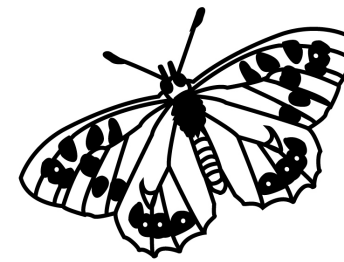


Make a rubbing of the Flower here

Gwnewch rwbïad o'r blodyn yma

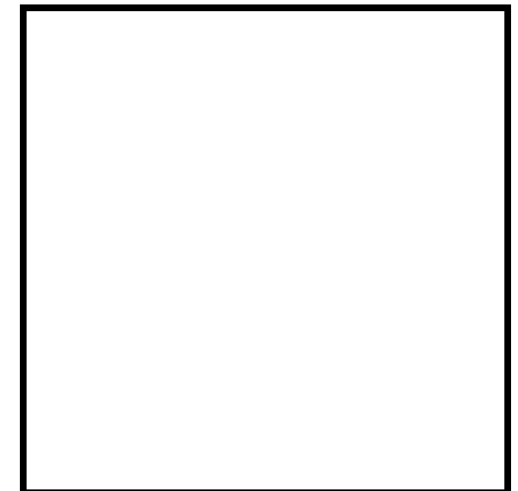
### SPECKLED WOOD BUTTERFLY

#### GWEIRLÖYN BRYCH



I use my long straw-like tongue to drink honeydew, the sugary liquid produced by sap-sucking bugs. I enjoy fluttering about in the sunlight that comes down through the trees in the wood.

Rwy'n defnyddio fy nhafod hir, sy'n debyg i welltyn yfed, er mwyn yfed yr hylif melys siwgrog sy'n cael ei gynhyrchu gan bryfed sy'n sugno nodd. Rwy'n mwynhau hedfan o gwmpas yn yr heulwen sy'n tywynnu trwy'r coed.



Make a rubbing of the butterfly here

Gwnewch rwbïad o'r gweirlöyn brych yma

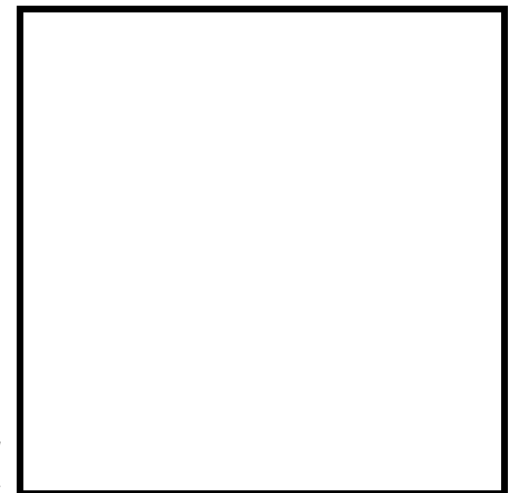


### OAK TREE

#### DERWEN

We are home to lots of animals like birds and insects. Squirrels and Jays eat our fruit which are called acorns. Can you find any acorns on the ground today?

Rwy'n gartref i lawer o anifeiliaid fel adar a phryfed. Mae gwiwerod a sgrech y coed yn bwyta fy ffrwyth a'u henw yw mes. Ydych chi'n gallu dod o hyd i unrhyw fes ar y llawr heddiw?



Make a rubbing of the Oak here

Gwnewch rwbïad o'r dderwen yma